



# CLINICAL ASSESSMENT AND TREATMENT PLAN

Please fax or e-mail assessment form to EAP Works after the first session.

Clinician Name: \_\_\_\_\_ Date: \_\_\_\_\_

Client Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Case # \_\_\_\_\_

## CHIEF COMPLAINT

Please describe the client's primary concern; history of the complaint; precipitating events; and any impact on client's work.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## SYMPTOM INVENTORY

- Generalized anxiety       Sadness       Anger       Suspiciousness
- Panic attacks       Sleep disturbance       Agitation       Fatigue
- Dissociation       Withdrawal       Tangential thinking       Delusions/Hallucinations
- Distractibility       Impulsiveness       Impaired memory       Obsessions/Compulsions
- Other: \_\_\_\_\_

## RISK ASSESSMENT

**Suicide:**     None     Ideation     Intent     Plan     Means     Attempt

Explain: \_\_\_\_\_

**Homicide:**     None     Ideation     Intent     Plan     Means     Attempt

Explain: \_\_\_\_\_

**Physical/sexual abuse:**     Denies     Yes      If yes, explain: \_\_\_\_\_

Client  can or  cannot agree to a contract not to harm     self     others     both

## SUBSTANCE USE ASSESSMENT

	Current	Past
Wants or needs to cut down on drinking or drug use	_____	_____
Someone has objected to client's drinking/drug use	_____	_____
Uses alcohol/drugs to relieve emotional discomfort, sadness, anger, etc.	_____	_____
Neglected personal or work responsibilities because of alcohol/drugs	_____	_____

Substance	Current Use	Past Use	Substance	Current Use	Past Use	Substance	Current Use	Past Use
Alcohol			Amphetamines			Barbiturates		
Marijuana			Benzodiazepines			Opiates		
Cocaine			Inhalants			LSD		
Nicotine			Caffeine			Other:		

Notes: \_\_\_\_\_

\_\_\_\_\_



**FAMILY HISTORY OF MENTAL HEALTH AND/OR SUBSTANCE ABUSE ISSUES**

Describe:

\_\_\_\_\_  
\_\_\_\_\_

**PRIOR COUNSELING, PSYCHIATRIC, AND/OR SUBSTANCE ABUSE**

Describe (Inpatient/outpatient; dates; providers; results):

\_\_\_\_\_  
\_\_\_\_\_

**MEDICAL STATUS**

Describe (Relevant current/past conditions; most recent primary care visit; current medications):

\_\_\_\_\_  
\_\_\_\_\_

**PSYCHOSOCIAL STRESSORS**

Work / career     Financial     Housing     Legal     Health     Family     Other

Explain: \_\_\_\_\_

**DSM 5 DIAGNOSIS (OPTIONAL)**

Diagnosis: \_\_\_\_\_ Code: \_\_\_\_\_ Prognosis: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Code: \_\_\_\_\_ Prognosis: \_\_\_\_\_

Significant psychosocial and contextual features: \_\_\_\_\_

**TREATMENT PLAN**

Describe interventions and objectives:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

EAP Counselor Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## CLIENT TRACKING, CASE CLOSING, AND BILLING SUMMARY

*Please fax or e-mail this form to EAP Works upon completion of all sessions for prompt payment.*

*Ph: 1-844-361-4348, Fax: 770-449-8113 or email: info@eapworklife.com*

### CLIENT INFORMATION

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Chief complaint: \_\_\_\_\_

### SESSION INFORMATION

Number approved: \_\_\_\_\_

Modality:  Face to face

Telephone

Video

DATE	PRESENTING ISSUE	NUMBER OF PEOPLE SERVED

### CASE CLOSING INFORMATION

**REQUIRED:** Is this case closed?  Yes  No

Name of patients insurance provider: \_\_\_\_\_

Referrals (Must be in client's network; check all that apply, include self-referrals)

OtPt Mental Health

Anger Mgmt.

Support Group:

InPt Mental Health

Legal

AA  CA  EA

OtPt Chem. Dep.

Financial

OA  Al-Anon

InPt Chem. Dep.

Medical

NA

Other (list): \_\_\_\_\_

Estimated referral treatment length of time & frequency of visits: \_\_\_\_\_

Name of professional providing services beyond the EAP: \_\_\_\_\_

Closed case summary (include medications): \_\_\_\_\_

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Thank you for working with us to provide services to our EAP Works clients!*